**A typical day for learners staying at The Glen**

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| 07.45 | Time to get up and ready for the day (shower/wash, dress)  |
| 8:15 | Breakfast |
| 8.55 | Leave for school |
| 15:00 | Return to The Glen |
| 15:15 | Time to settle, have a snack/drink |
| 15:30 | Unstructured time – personalised and group activities |
| 17:00 | Teatime |
| 18:00-20.00 | Unstructured time – personalised and group activities |
| 20.00 | Quiet time, settling activities, getting ready for bed |
| 21:00 | Time to sleep |